



# DANCE TEAM UNION

## 2024-2025 DES MOINES REGIONAL COMPETITION (1A-4A & All-Star)

November 16, 2024

Small Varsity Jazz: 10 & Under

Large Varsity Jazz: 11 & Above

Small Varsity Pom: 10 & Under

Large Varsity Pom: 11 & Above

LAST UPDATED: 11/14/24 @ 10:11 AM

Performance Time	Team	Level	Dancer(s)	Check-In Time	Warm-Up
8:30 AM	River City All-Stars	Youth Solo*	Jazzlyn C (I Feel Pretty)	8:00 AM	8:10 AM
8:33 AM	River City All-Stars	Senior Solo	Cynthia M (The Truth)	8:03 AM	8:13 AM
8:36 AM	Independent Dancer	Mini Solo	Hadleigh W	8:06 AM	8:16 AM
8:39 AM	Burlington	Senior Solo	Shyanne L	8:09 AM	8:19 AM
8:42 AM	River City All-Stars	Mini Solo	Emersyn T	8:12 AM	8:22 AM
8:45 AM	North Scott	Senior Solo	Jenna K	8:15 AM	8:25 AM
8:48 AM	River City All-Stars	Youth Solo	Ella H	8:18 AM	8:28 AM
8:51 AM	Burlington	Senior Solo	Alannah P	8:21 AM	8:31 AM
8:54 AM	River City All-Stars	Youth Solo*	Addison L	8:24 AM	8:34 AM
8:57 AM	Newton	Senior Solo	Lily B	8:27 AM	8:37 AM
9:00 AM	River City All-Stars	Junior Solo	Avery B (Older)	8:30 AM	8:40 AM
9:03 AM	Dallas Center Grimes	Senior Solo	Jordyn G	8:33 AM	8:43 AM
9:06 AM	Dallas Center Grimes	Junior Solo	Laila A	8:36 AM	8:46 AM
9:09 AM	Newton	Senior Solo	Lily S	8:39 AM	8:49 AM
9:12 AM	North Scott	Junior Solo	Sophia N	8:42 AM	8:52 AM
9:15 AM	North Scott	Senior Solo	Paityn L	8:45 AM	8:55 AM
9:18 AM	Dallas Center Grimes	Junior Solo	Katie H	8:48 AM	8:58 AM
9:21 AM	Humboldt	Senior Solo	Jasmine F	8:51 AM	9:01 AM
9:24 AM	Humboldt	Junior Solo	Shayla B	8:54 AM	9:04 AM
9:27 AM	North Scott	Senior Solo	Cadence S	8:57 AM	9:07 AM
9:30 AM	Newton	Junior Solo	Makarra B	9:00 AM	9:10 AM
9:33 AM	River City All-Stars	Senior Solo	Cynthia M (Alien Superstar)	9:03 AM	9:13 AM
9:36 AM	Dallas Center Grimes	Junior Solo	Tessa L	9:06 AM	9:16 AM
9:39 AM	Dallas Center Grimes	Senior Solo	Peyton R	9:09 AM	9:19 AM
9:42 AM	West Fork	Junior Solo	Emerli J	9:12 AM	9:22 AM
9:45 AM	Newton	Senior Solo	Abbie P	9:15 AM	9:25 AM
9:48 AM	Newton	Junior Solo*	Neveya M	9:18 AM	9:28 AM
9:51 AM	Humboldt	Senior Solo	Macy B	9:21 AM	9:31 AM
9:54 AM	River City All-Stars	Youth Solo	Jazzlyn C (The Light That Never Fails)	9:24 AM	9:34 AM
9:57 AM	Humboldt	Senior Solo*	Irelynn P	9:27 AM	9:37 AM

\*Indicates category is not over

### BREAK

Performance Time	Team	Level	Dancer(s)	Check-In Time	Warm-Up
10:10 AM	River City All-Stars	Junior Solo	Avery B (New York)	9:40 AM	9:50 AM
10:13 AM	West Fork	Senior Solo	Kylin J	9:43 AM	9:53 AM
10:16 AM	River City All-Stars	Junior Solo	Abigail T	9:46 AM	9:56 AM
10:19 AM	Newton	Senior Solo	Rylinn P	9:49 AM	9:59 AM
10:22 AM	West Fork	Junior Solo	Adra J	9:52 AM	10:02 AM
10:25 AM	West Fork	Senior Solo	Libby T	9:55 AM	10:05 AM
10:28 AM	North Scott	Junior Solo	Kate K	9:58 AM	10:08 AM
10:31 AM	Dallas Center Grimes	Senior Solo	Maddy R	10:01 AM	10:11 AM
10:34 AM	North Scott	Junior Solo	Makynli B	10:04 AM	10:14 AM
10:37 AM	Dallas Center Grimes	Senior Solo	Paige V	10:07 AM	10:17 AM

10:40 AM	Baxter	Junior Solo	Sydney H	10:10 AM	10:20 AM
10:43 AM	Humboldt	Senior Solo	Summer Z	10:13 AM	10:23 AM
10:46 AM	North Scott	Junior Solo	Kenna W	10:16 AM	10:26 AM
10:49 AM	West Fork	Senior Solo	Gracie D	10:19 AM	10:29 AM
10:52 AM	North Scott	Junior Solo	Peyton W	10:22 AM	10:32 AM
10:55 AM	North Scott	Senior Solo	Marin R	10:25 AM	10:35 AM
10:58 AM	River City All-Stars	Junior Solo	Avery B (Voice of God)	10:28 AM	10:38 AM
11:01 AM	River City All-Stars	Senior Solo	Brooke M	10:31 AM	10:41 AM
11:04 AM	Dallas Center Grimes	Junior Solo	Isabella L	10:34 AM	10:44 AM
11:07 AM	Newton	Senior Solo	Melayna B	10:37 AM	10:47 AM
11:10 AM	West Fork	Junior Solo	Nahla W	10:40 AM	10:50 AM
11:13 AM	West Fork	Senior Solo	Grace C	10:43 AM	10:53 AM
11:16 AM	Newton	Junior Solo	Hayden G	10:46 AM	10:56 AM
11:19 AM	Humboldt	Senior Solo	Fiona T	10:49 AM	10:59 AM
11:22 AM	Newton	Junior Solo	Talia F	10:52 AM	11:02 AM
11:25 AM	Newton	Senior Solo	Kaylynn H	10:55 AM	11:05 AM
11:28 AM	West Fork	Junior Duo/Trio	Adra J, Emerli J	10:58 AM	11:08 AM
11:31 AM	Knoxville	Senior Solo	Remy V	11:01 AM	11:11 AM

## LUNCH BREAK

Performance Time	Team	Level	Dancer(s)	Check-In Time	Warm-Up
12:10 PM	Burlington	Small Varsity	Pom	11:40 AM	11:50 AM
12:13 PM	Xavier	Large Varsity	Pom	11:43 AM	11:53 AM
12:16 PM	Norwalk	Small Varsity	Pom	11:46 AM	11:56 AM
12:19 PM	Ballard	Large Varsity	Pom	11:49 AM	11:59 AM
12:22 PM	Iowa City Regina	Small Varsity	Pom	11:52 AM	12:02 PM
12:25 PM	West Fork	Large Varsity	Pom	11:55 AM	12:05 PM
12:28 PM	North Polk	Small Varsity	Pom	11:58 AM	12:08 PM
12:31 PM	Dallas Center Grimes	Large Varsity	Pom	12:01 PM	12:11 PM
12:34 PM	Humboldt	Small Varsity	Pom	12:04 PM	12:14 PM
12:37 PM	North Scott	Large Varsity	Pom	12:07 PM	12:17 PM
12:40 PM	Mid Prairie	Small Varsity	Pom	12:10 PM	12:20 PM
12:43 PM	Knoxville	Junior Varsity	Pom	12:13 PM	12:23 PM
12:46 PM	ADM High School	Small Varsity	Pom	12:16 PM	12:26 PM
12:49 PM	ADM High School	Junior Varsity	Pom	12:19 PM	12:29 PM
12:52 PM	Knoxville	Small Varsity	Pom	12:22 PM	12:32 PM
12:55 PM	---	---	---	12:25 PM	12:35 PM
12:58 PM	Baxter	Small Varsity	Pom	12:28 PM	12:38 PM

## BREAK

Performance Time	Team	Level	Style	Check-In Time	Warm-Up
1:10 PM	Nebraska Dance Squad	Mini All Star	Pom (White)	12:40 PM	12:50 PM
1:13 PM	North Polk	Varsity	Hip Hop	12:43 PM	12:53 PM
1:16 PM	Nebraska Dance Squad	Mini All Star	Pom (Red)	12:46 PM	12:56 PM
1:19 PM	Dallas Center Grimes	Varsity	Hip Hop	12:49 PM	12:59 PM
1:22 PM	Nebraska Dance Squad	Youth All Star	Pom (Red)	12:52 PM	1:02 PM
1:25 PM	Norwalk	Varsity	Hip Hop	12:55 PM	1:05 PM
1:28 PM	Nebraska Dance Squad	Youth All Star	Pom (White)	12:58 PM	1:08 PM
1:31 PM	Newton	Varsity	Hip Hop	1:01 PM	1:11 PM
1:34 PM	Cedar Rapids Elite All Stars	Youth All Star	Pom	1:04 PM	1:14 PM
1:37 PM	Mid Prairie	Varsity	Hip Hop	1:07 PM	1:17 PM
1:40 PM	Nebraska Dance Squad	Junior All Star	Pom (Red)	1:10 PM	1:20 PM
1:43 PM	West Fork	Varsity	Hip Hop	1:13 PM	1:23 PM
1:46 PM	Nebraska Dance Squad	Junior All Star	Pom (White)	1:16 PM	1:26 PM
1:49 PM	Iowa City Regina	Varsity	Hip Hop	1:19 PM	1:29 PM
1:52 PM	River City All-Stars	Junior All Star	Pom	1:22 PM	1:32 PM

1:55 PM Xavier

Varsity

Hip Hop

1:25 PM

1:35 PM

## BREAK

2:20 PM	Burlington	Varsity	Lyrical	1:50 PM	2:00 PM
2:23 PM	Knoxville	Varsity	Prop	1:53 PM	2:03 PM
2:26 PM	North Polk	Varsity	Lyrical	1:56 PM	2:06 PM
2:29 PM	Nebraska Dance Squad	Mini All Star	Hip Hop	1:59 PM	2:09 PM
2:32 PM	Humboldt	Varsity	Kick	2:02 PM	2:12 PM
2:35 PM	Cedar Rapids Elite All Stars	Youth All Star	Hip Hop	2:05 PM	2:15 PM
2:38 PM	Baxter	Varsity	Kick	2:08 PM	2:18 PM
2:41 PM	Nebraska Dance Squad	Youth All Star	Hip Hop (Black)	2:11 PM	2:21 PM
2:44 PM	Newton	Varsity	Kick	2:14 PM	2:24 PM
2:47 PM	Nebraska Dance Squad	Youth All Star	Hip Hop (Silver)	2:17 PM	2:27 PM

## BREAK

Performance Time	Team	Level	Style	Check-In Time	Warm-Up
3:05 PM	ADM High School	Small Varsity	Jazz	2:35 PM	2:45 PM
3:08 PM	Dallas Center Grimes	Large Varsity	Jazz	2:38 PM	2:48 PM
3:11 PM	Knoxville	Small Varsity	Jazz	2:41 PM	2:51 PM
3:14 PM	Norwalk	Large Varsity	Jazz	2:44 PM	2:54 PM
3:17 PM	Iowa City Regina	Small Varsity	Jazz	2:47 PM	2:57 PM
3:20 PM	West Fork	Large Varsity	Jazz	2:50 PM	3:00 PM
3:23 PM	Humboldt	Small Varsity	Jazz	2:53 PM	3:03 PM
3:26 PM	North Scott	Large Varsity	Jazz	2:56 PM	3:06 PM
3:29 PM	Mid Prairie	Small Varsity	Jazz	2:59 PM	3:09 PM
3:32 PM	Ballard	Large Varsity	Jazz	3:02 PM	3:12 PM

## BREAK

Performance Time	Team	Level	Style	Check-In Time	Warm-Up
3:50 PM	Dallas Center Grimes	Varsity	Team Performance	3:20 PM	3:30 PM
3:55 PM	Newton	Varsity	Open Style	3:25 PM	3:35 PM
4:00 PM	ADM High School	Varsity	Open Style	3:30 PM	3:40 PM
4:05 PM	Knoxville	Varsity	Open Style	3:35 PM	3:45 PM

## AWARDS CEREMONY

[ESTIMATED]

4:25 PM The moment you've all been waiting for!